

Ikayuqti

Email: assisted.living@unkira.org

P.O BOX 270

Unalakleet, Alaska 99684

(907) 318-1440

Ikayuqti was designed and constructed specifically as a home for elders who are in need of assisted living care. In addition to providing care it is a great opportunity for elders to continue to live in a village where they can continue to enjoy their subsistence food and cultural practices.

We at **Ikayuqti** understand how hard it can be to find an adequate home away from home and are grateful that you have considered **Ikayuqti** in your search. Thanks again and the steps and information to get into **Ikayuqti** are listed below.

Steps to get in Ikayuqti

- 1: Contact the administrator at IKAYUQTI, (907) 318-1440
- 2: Complete the IKAYUQTI Resident Application Packet.
- 3: If you have a care coordinator, let him/her know you want to apply for IKAYUQTI and she/he will begin the process of applying for General Relief for Assisted Living Care and Medicaid, if appropriate.
- 4: You will need to have a medical provider complete the physician's report and TB Clearance which is a part of the GR application packet
- 5: The IKAYUQTI Administrator will then meet with the Care Coordinator and/or the caregivers to determine if IKAYUQTI can safely and adequately meet the applicant's level of care.
- 6: The Care Coordinator will then submit the application for General Relief for Assisted Living Care if necessary. When that is approved a move-in date can be set. If GR is not necessary or an option, the Administrator will work with the family to set a possible move in date.

One of the major concerns elders and families have is how they are going to pay for care. In Alaska, assisted living home residents are required to pay all but \$100 of their monthly income and the balance of the cost for care are provided through State GR for Assisted Living, Medicaid **for those who qualify**. For those who are over resource or do not qualify for State GR or Medicaid, they will need to pay from their resources according to their level of care. Level 1 care costs \$_____per month, Level 11 costs \$_____per month and Level 111 costs \$_____ per month. Basically, if someone has regular month income of over \$1,750.00 per month and or money in the bank exceeding \$2,000.00, they will not

qualify for State GR or Medicaid and have to pay out of their own resources until they become eligible.

If the resident is outside of Unalakleet, travel costs are the responsibility of the applicant. If the resident is on Medicaid, that can be an option. If the applicant is a tribal member, oftentimes, they will help with the air fare as well. We will meet the applicant at the airport in Unalakleet if necessary.

Elders can bring personal items that will fit into their personal units and are acceptable under the IKAYUQTI policies and procedures. Each unit at IKAYUQTI comes with wall jacks for a telephone and cable TV; however, it is the resident's responsibility to provide the service for these. Residents are allowed to bring their own food and snacks; however, we provide three nutritious meals plus snacks per day.

It is good to bring family pictures, personal items etc. to put around the living space to make it feel more like your very own home unless it is a safety issue. The units are furnished with a bed, nightstands, table and chairs as well as linens and towels. If necessary, we do have hospital beds and electronic recliners available.

We encourage family and friends to come and visit as much as possible; the coffee and tea pots are always on. It is good to take the elder out for visits to family events, community events and out for holidays. IKAYUQTI has a van that is used to provide transportation for the residents so we get them to church, potlatches, ball games and other community activities. Family members are encouraged to call anytime to check on the elder.

When possible, family members are encouraged to take the elder to medical appointments if they are in Unalakleet; however, IKAYUQTI staff is available to do that as well. If a resident has an appointment outside of Unalakleet, IKAYUQTI does not provide escorts; that is the responsibility of the family. IKAYUQTI staff will notify the next of kin in the event of an emergency.

Feel free to call the IKAYUQTI Administrator at 907-318-1440 or 625-1665(cell), email assisted.living@unkiraorg with any questions. Our fax number is 624-3621.

Thank you again for considering IKAYUQTI where "We honor our elders by providing safe and compassionate care and support in a culturally sensitive home."

**IKAYUQTI
Resident Application**

Name _____ Date _____
 First *Middle* *Last*

Date of Birth ____ / ____ / ____ Social Security Number ____ - ____ - ____

Current Address _____

City _____ State ____ Zip _____

Home Phone _____ Cell Phone _____

Male Female Requested Move-In Date _____

Physical Limitations:

Special Requirements:

Health Insurance

Identification Number _____ Phone _____

Secondary Insurance
Identification Number _____ Phone _____

Primary Physician _____ Phone _____
Physicians Address: City _____ State _____ Zip _____

Power of Attorney (If Applicable)

Relationship _____ Phone _____

Address _____

City _____ State _____ Zip _____

****Please attach copy of Power of Attorney Documentation**

Primary Contact _____
Relationship _____ Phone _____
Address _____
City _____ State _____ Zip _____

Care Coordinator/Case Manager/Program Specialist:

Address and Telephone: _____

Agency Affiliation (if any) _____

Signature(s) of Applicant or Applicants Representative

Resident _____ Date _____

Spouse _____ Date _____

Representative _____ Date _____

IKAYUQTI PHYSICIANS STATEMENT AND RECOMMENDATION

Resident Information

First Name: _____ Age: _____
 Middle Name: _____ Gender: _____
 Last Name: _____ Height: _____
 Date of Birth: _____ Weight: _____

Medication Prescribed Instructions

Dosage

Medication - Resident Will Require

- | | |
|--|---|
| <input type="checkbox"/> NO ASSISTANCE | <input type="checkbox"/> REMINDER TO TAKE MEDICATION |
| <input type="checkbox"/> READING OF REGIMEN ON LABEL | <input type="checkbox"/> SUPERVISION AS TO LABELED DOSAGE |

Diet

- Regular
 Low Calorie
 Soft
 Salt Free
 Other: _____
 Food Allergies
 None
OT: _____

Assistance Required

TYPE	FREQUENCY OF ASSISTANCE					EXTENT OF ASSISTANCE		
	INDEPENDENT	OCCASIONAL	OFTEN	ALWAYS		MINIMUM	MODERATE	MAXIMUM
Bathing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dressing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Grooming	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Oral Hygiene	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Toileting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Eating	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Moving About	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
In/Out of Bed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Mobility/Activity (check one):

- Walker
 Cane
 Crutches
 Wheelchair
 No Restrictions
 Other Restrictions (please specify): _____

MEDICAL HISTORY & CURRENT MEDICAL PROBLEMS (please list and describe):

MENTAL STATUS (check one):
 Clear
 Disoriented
 Occasionally Disoriented

Comments:

Behavior

DID DID NOT

Manifest behavior which was assaultive, combative, suicidal or otherwise dangerous to self or others.

Comments:

OTHER SIGNIFICANT INFORMATION

EXTENT OF MENTAL OR PHYSICAL IMPAIRMENT, E.G., INCONTINENCE – SPECIFIC ASSISTANCE OR SUPERVISION NEEDED ETC. :

PHYSICIAN'S RECOMMENDATION:

Physician's Name (please print):

Phone:

Physician Signature

Date

Confidential Financial Statement

Applicant's Name _____

Assets

Value of Real Estate \$ _____
Stocks \$ _____
Bonds \$ _____
Savings \$ _____
Checking \$ _____
CDs \$ _____
Other (Please Describe): _____ \$ _____

Total Assets \$ _____

Liabilities

Mortgage on Home: \$ _____
Mortgage(s) on other Real Estate: \$ _____
Other Debts or Liabilities (Itemized):
1. _____ \$ _____
2. _____ \$ _____

Total Liabilities \$ _____

Monthly Income

Social Security \$ _____
Pension \$ _____
Retirement Annuity \$ _____
Investments (Interest and Retirement Annuity) \$ _____
Investments (Interest and Dividends) \$ _____

Total Monthly Income \$ _____

I hereby acknowledge that the above information is accurate to the best of my knowledge. I understand that this information will be kept confidential and will be relied upon to evaluate the resident's ability to pay for services rendered. The monthly income and assets listed are available to the resident or responsible party/guarantor to pay for the resident's care.

Resident _____

Date _____

Responsible Party _____

Date _____

IKAYUQTI

Resident Interview Questions

Does the applicant have an advanced health care directive? _____

Does the applicant have a comfort one order? _____

What is the funding source? Medicaid _____ GR _____ Private _____ Other _____

Is there a diagnosis for mental health? If so, what? _____

Does the applicant have any criminal history? If so, describe _____

Does the applicant have any history or aggressive behaviors (biting, hitting, scratching, etc)? If so, describe _____

Does the applicant require any of the following:

- _____ Injectable medications
- _____ Catheter
- _____ Colostomy bag

Does the applicant have any open wounds? _____

Is the applicant on any controlled substances (medications); if so, what and is it scheduled or a PRN? _____

What is the applicant's mobility? _____

Does the applicant need assistance with?

- _____ Toileting
- _____ Personal Hygiene
- _____ Feeding
- _____ Walking
- _____ Dressing
- _____ Transportation

Do they need any restraints? Describe _____

Is the applicant a wandering risk? _____

How does he/she sleep at night _____

Does the applicant require a special diet? _____

Is the applicant incontinent? _____

Is the applicant affiliated with a Tribe? If so, what? _____

Is the applicant on Medicaid? _____