

IKAYUQTI  
Email: [assisted.living@unkira.org](mailto:assisted.living@unkira.org)  
PO BOX 270  
Unalakleet Alaska 99684  
(907) 625-1656

**Ikayuqtı** was designed and constructed specifically as a home for elders who are in need of assisted living care. In addition to providing care, it is a great opportunity for elders to remain in a village where they can continue to enjoy their subsistence food and cultural practices.

We at **Ikayuqtı** understand how hard it can be to find an adequate home away from home and are grateful that you have considered **Ikayuqtı** in your search. Thanks again, the steps and information to get into **Ikayuqtı** are listed below.

#### Steps to get in Ikayuqtı

- 1: Contact the administrator at IKAYUQTI, (907) 625-1656
- 2: Complete the IKAYUQTI Resident Application Packet.
- 3: If you have a care coordinator, let him/her know you want to apply for IKAYUQTI and she/he will begin the process of applying for State General Relief (GR) for Assisted Living Care and Medicaid, if appropriate.
- 4: You will need to have a medical provider complete the physician's report and TB Clearance which is a part of the State GR application packet
- 5: The IKAYUQTI Administrator will then meet with the Care Coordinator and/or the caregivers to determine if IKAYUQTI can safely and adequately meet the applicant's level of care.
- 6: The Care Coordinator will then submit the application for State GR, if necessary. If that is approved a move-in date can be set. If State GR is not necessary or an option, the Administrator will work with the family to set a possible move in date.

Paying for care is one of the major concerns elders and families have. In Alaska, assisted living home residents are required to pay all but \$100 of their monthly income, then the remaining balance of the cost of care is provided through State GR or Medicaid, **for those who qualify**.

For those who are over resource or do not qualify for State GR or Medicaid, they will need to pay from their resources according to their level of care. **Level I care costs \$7792 per month, Level II costs \$8292 per month and Level III costs \$8792 per month\***. Basically, if someone has a regular monthly income of over \$1,750.00 per month and/or money in the bank exceeding \$2,000.00, they will not qualify for State GR or Medicaid. Resident will have to pay out of their own resources until they become eligible to reapply for State GR and/or Medicaid.

If the resident is outside of Unalakleet, travel costs are the responsibility of the applicant. If the resident is on Medicaid, that can be an option. If the applicant is a tribal member, often times, they will help with the air fare as well. We will meet the applicant at the airport in Unalakleet if necessary.

Elders can bring personal items that will fit into their personal units and are acceptable under the IKAYUQTI policies and procedures. Each unit at IKAYUQTI comes with wall jacks for a telephone and cable TV; however, it is the resident's responsibility to provide the service for these. Residents are allowed to bring their own food and snacks; however, we provide three nutritious meals plus snacks per day.

It is good to bring family pictures, personal items etc. to put around the living space to make it feel more like your very own home unless it is a safety issue. The units are furnished with a bed, nightstands, table and chairs as well as linens and towels. If necessary, we do have hospital beds and electronic recliners available.

We encourage family and friends to come and visit as much as possible; the coffee and tea pots are always on. It is good to take the elder out for visits to family events, community events and out for holidays. IKAYUQTI has a van that is used to provide transportation for the residents so we get them to church, potlatches, ball games and other community activities. Family members are encouraged to call anytime to check on the elder.

When possible, family members are encouraged to take the elder to medical appointments if they are in Unalakleet; however, IKAYUQTI staff is available to do that as well. If a resident has an appointment outside of Unalakleet, IKAYUQTI does not provide escorts; that is the responsibility of the family. IKAYUQTI staff will notify the next of kin in the event of an emergency.

Feel free to call the IKAYUQTI Administrator at 625-1656 (cell), email [assisted.living@unkira.org](mailto:assisted.living@unkira.org) with any questions. Our fax number is 624-3621.

Thank you again for considering IKAYUQTI where "We honor our elders by providing safe and compassionate care and support in a culturally sensitive home."

\*Subject to change annually per DHSS Chart of Waiver Service rates

**IKAYUQTI**  
**Resident Application**

Name \_\_\_\_\_ Date \_\_\_\_\_  
First      Middle      Last

Date of Birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Social Security Number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Current Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Male     Female      Requested Move-In Date \_\_\_\_\_

**Physical Limitations:**

---

---

---

**Special Requirements:**

---

---

---

**Health Insurance** \_\_\_\_\_

Identification Number \_\_\_\_\_ Phone \_\_\_\_\_

Secondary Insurance

Identification Number \_\_\_\_\_ Phone \_\_\_\_\_

Primary Physician \_\_\_\_\_ Phone \_\_\_\_\_

Physicians Address \_\_\_\_\_ City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_

**Power of Attorney (If Applicable)** \_\_\_\_\_

Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_

**\*\*Please attach copy of Power of Attorney Documentation**

**Primary Contact** \_\_\_\_\_

Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Care Coordinator/Case Manager/Program Specialist:** \_\_\_\_\_

**Address and Telephone:** \_\_\_\_\_

**Agency Affiliation (if any)** \_\_\_\_\_

**Signature(s) of Applicant or Applicants Representative**

Resident \_\_\_\_\_ Date \_\_\_\_\_

Spouse \_\_\_\_\_ Date \_\_\_\_\_

Representative \_\_\_\_\_ Date \_\_\_\_\_

**IKAYUQTI**  
**PHYSICIANS STATEMENT AND RECOMMENDATION**

**Resident Information**

First Name: \_\_\_\_\_

Age: \_\_\_\_\_

Middle Name: \_\_\_\_\_

Gender: \_\_\_\_\_

Last Name: \_\_\_\_\_

Height: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Weight: \_\_\_\_\_

**Medication Prescribed  
Instructions**

---

**Dosage**

**Medication - Resident Will Require**

- |   |   |
|---|---|
| <input type="checkbox"/> NO ASSISTANCE                | <input type="checkbox"/> REMINDER TO TAKE MEDICATION      |
| <input type="checkbox"/> READING OF REGIMENT ON LABEL | <input type="checkbox"/> SUPERVISION AS TO LABELED DOSAGE |

**Diet**

- |                                  |                                      |                               |                                    |                                 |                |                               |     |
|----------------------------------|--------------------------------------|-------------------------------|------------------------------------|---------------------------------|----------------|-------------------------------|-----|
| <input type="checkbox"/> Regular | <input type="checkbox"/> Low Calorie | <input type="checkbox"/> Soft | <input type="checkbox"/> Salt Free | <input type="checkbox"/> Other: | Food Allergies | <input type="checkbox"/> None | OR: |
|----------------------------------|--------------------------------------|-------------------------------|------------------------------------|---------------------------------|----------------|-------------------------------|-----|

**Assistance Required**

TYPE	FREQUENCY OF ASSISTANCE				EXTENT OF ASSISTANCE		
	INDEPENDENT	OCCASIONAL	OFTEN	ALWAYS	MINIMUM	MODERATE	MAXIMUM
Bathing	<input type="checkbox"/>						
Dressing	<input type="checkbox"/>						
Grooming	<input type="checkbox"/>						
Oral Hygiene	<input type="checkbox"/>						
Toileting	<input type="checkbox"/>						
Eating	<input type="checkbox"/>						
Moving About	<input type="checkbox"/>						
In/Out of Bed	<input type="checkbox"/>						

**Mobility/Activity (check one):**

- |                                 |                               |                                   |                                     |  |   |
|---------------------------------|-------------------------------|-----------------------------------|-------------------------------------|--|---|
| <input type="checkbox"/> Walker | <input type="checkbox"/> Cane | <input type="checkbox"/> Crutches | <input type="checkbox"/> Wheelchair | <input type="checkbox"/> No Restrictions | <input type="checkbox"/> Other Restrictions (please specify): |
|---------------------------------|-------------------------------|-----------------------------------|-------------------------------------|--|---|

**MEDICAL HISTORY & CURRENT MEDICAL PROBLEMS** (please list and describe):

**MENTAL STATUS** (check one):       Clear       Disoriented       Occasionally Disoriented

Comments:

**Behavior**

- |                              |                                  |
|------------------------------|----------------------------------|
| <input type="checkbox"/> DID | <input type="checkbox"/> DID NOT |
|------------------------------|----------------------------------|

Manifest behavior which was assaultive, combative, suicidal or otherwise dangerous to self or others.

Comments:

**OTHER SIGNIFICANT INFORMATION**

EXTENT OF MENTAL OR PHYSICAL IMPAIRMENT, E.G., INCONTINENCE – SPECIFIC ASSISTANCE OR SUPERVISION NEEDED ETC.:

**PHYSICIAN'S RECOMMENDATION:**

---

Physician's Name (please print)

Phone

---

Physician Signature

Date

## Confidential Financial Statement

Applicant's Name \_\_\_\_\_

**Assets**

Value of Real Estate \$\_\_\_\_\_

Stocks \$\_\_\_\_\_

Bonds \$\_\_\_\_\_

Savings \$\_\_\_\_\_

Checking \$\_\_\_\_\_

CDs \$\_\_\_\_\_

Other (Please Describe): \_\_\_\_\_ \$\_\_\_\_\_

Total Assets \$\_\_\_\_\_

**Liabilities**

Mortgage on Home: \$\_\_\_\_\_

Mortgage(s)on other Real Estate: \$\_\_\_\_\_

Other Debts or Liabilities (Itemized):

1. \_\_\_\_\_ \$\_\_\_\_\_  
2. \_\_\_\_\_ \$\_\_\_\_\_

Total Liabilities \$\_\_\_\_\_

**Monthly Income**

Social Security \$\_\_\_\_\_

Pension \$\_\_\_\_\_

Retirement Annuity \$\_\_\_\_\_

Investments (Interest and Retirement Annuity) \$\_\_\_\_\_

Investments (Interest and Dividends) \$\_\_\_\_\_

Total Monthly Income \$\_\_\_\_\_

I hereby acknowledge that the above information is accurate to the best of my knowledge. I understand that this information will be kept confidential and will be relied upon to evaluate the resident's ability to pay for services rendered. The monthly income and assets listed are available to the resident or responsible party/guarantor to pay for the resident's care.

Resident \_\_\_\_\_

Date \_\_\_\_\_

Responsible Party \_\_\_\_\_

Date \_\_\_\_\_

**IKAYUQTI**  
**Resident Interview Questions**

Does the applicant have an advanced health care directive? \_\_\_\_\_

Does the applicant have a comfort one order? \_\_\_\_\_

What is the funding source? Medicaid \_\_\_\_\_ GR \_\_\_\_\_ Private \_\_\_\_\_ Other \_\_\_\_\_

Is there a diagnosis for mental health? If so, what? \_\_\_\_\_

Does the applicant have any criminal history? If so, describe \_\_\_\_\_  
\_\_\_\_\_

Does the applicant have any history or aggressive behaviors (biting, hitting, scratching, etc.)? If so, describe \_\_\_\_\_  
\_\_\_\_\_

Does the applicant require any of the following:

- \_\_\_\_\_ Injectable medications  
\_\_\_\_\_ Catheter  
\_\_\_\_\_ Colostomy bag

Does the applicant have any open wounds? \_\_\_\_\_

Is the applicant on any controlled substances (medications); if so, what and is it scheduled or a PRN?  
\_\_\_\_\_

What is the applicant's mobility? \_\_\_\_\_  
\_\_\_\_\_

Does the applicant need assistance with?

- \_\_\_\_\_ Toileting  
\_\_\_\_\_ Personal Hygiene  
\_\_\_\_\_ Feeding  
\_\_\_\_\_ Walking  
\_\_\_\_\_ Dressing  
\_\_\_\_\_ Transportation

Do they need any restraints? Describe \_\_\_\_\_  
\_\_\_\_\_

Is the applicant a wandering risk? \_\_\_\_\_  
\_\_\_\_\_

How does he/she sleep at night\_\_\_\_\_

Does the applicant require a special diet?\_\_\_\_\_

Is the applicant incontinent?\_\_\_\_\_

Is the applicant affiliated with a Tribe? If so, what?\_\_\_\_\_

Is the applicant on Medicaid?\_\_\_\_\_

Please list any allergies the applicant may have

---

---

---

---